

Team,

The time is approaching quickly for our trip to the Dominican Republic. There are a few things that you need to know for the upcoming trip.

The web page for this trip is found at www.TeamORH.Com. Check weekly for updates.

1. If you have not made your initial payment for the trip please mail it now to the Fayetteville address.

Operation Renewed Hope

P.O. Box 43242

Fayetteville, NC 28309

Please make checks payable to Operation Renewed Hope and mark all checks clearly "Funds for (Name of Trip) (Name of Participant)."

2. I am attaching the Medical Release. Please take care of this immediately!!! Complete 3 copies and have them notarized. Please return the release:
 - a. 1 NOTARIZED ORIGINAL GOES TO OPERATION RENEWED HOPE, 2150 STORM CANYON ROAD, WINSTON SALEM, NC 27106. DO THIS NOW!!!
 - b. 1 Notarized original goes to the team leader when you meet them on the trip.
 - c. 1 Notarized original stays on your person during the entire trip.
3. We are making ID cards for each team member. If you do not have one please email me a head shot picture of yourself for this card. This can be a selfie taken with your camera and emailed to me. Please do this today before you forget. If you were on one of those trips you will use the same ID and Insurance cards so make sure you can locate them.
4. Christy has requested that each team member purchase a large bottle of Children's vitamins and put it in your suitcase to bring with you. DO NOT GET GUMMY VITAMINS, they tend to melt in higher temperatures and children will think they are candy.
5. You will need to bring a mosquito net or 1 person mosquito tent with you to you while we are in the hotel near the Haitian border. These are available in the camping departments of Walmart or Sporting goods stores.
6. Also make sure you have had your Hepatitis A and B vaccines and have made arrangements for malaria medication.
7. ORH provides medical and emergency evacuation insurance. Trip Interruption Insurance is not a part of this but is recommended for these trips. The following are two companies that offer it and were recommended to us. Check them out and compare coverages.
 - a. <http://www.accessamerica.com/AA/SelectAPlan.aspx?001001243&Product=001001241>

- b. <http://www.travelguard.com/>
8. You will need to exchange your spending money at the airport when you arrive. There will not be many things to spend money on. Souvenirs will need to be bought at the airport upon departure as there are no tourist areas where we will be. You will be able to purchase snacks around town.
9. Here are a list of items you need to pack:
- a. Your Bible
 - b. Flashlight
 - c. Toilet paper
 - d. Everyone: A large bottle of children's vitamins (NOT GUMMY)
 - e. Insect repellent & Sun Screen